Website. On Thyme Oil also called THYMOL

Website Info on Botanical Oils for Healing and making the Nation Youthful.

 Ancient Africans used thyme Oil in Indigenous situations to relieve mental an emotional worries from people’s lives and promote physical and mental strength.

 Besides relieving fatigue, depression, anger and frustration, when Thyme Oil is used after illness and sports injuries, it is a powerful immune stimulus to support physical recovery.

 As one of nature's potent microbial oils, Thymol improves memory, strengthens nerves and can be sprayed as an antiseptic to relieve coughs.

To release mental blocks and Trauma using Thymol inspires the heart to find courage and overcome nervous exhaustion and anxiety by giving mental strength to ease mental flow.

 Energy-wise, Thyme Oil or Thymol as is said, in its effort to boost the Lymphatic System helps build self esteem and confidence in HEALING. The Lymph system is connected to one's sense of self-worth.

 Thymol’s spicy, pungent herb scent is found to bring anti-microbial and anti-septic solutions against small pathogens by providing a force field against viruses, bacteria and fungi.

 THYME OIL is a dynamic, fresh and radiant. Our THYMUS GLAND in the throat area is Key in protecting our Immune System. Thus gland makes T-cells which attack and kill foreign invaders like bacteria and viruses.

 Using natural agents like these Essential Healing Oils help lower our use of Antibiotics which minimize the forming of new resistant strains of micro organisms. Thymol improves Blood Circulation, and relieves sore muscles, aches and pains and various strains and sprains.

 This is The Oil that relieves symptoms of arthritis, sciatica, gout, rheumatism, inflammation and sports injuries, painful joints and stiffness.

 It’s anti-bacterial properties fight against asthma and bronchitis. As an Expectorant, it relieves sinus problems, pneumonia and sinusitis.

As a culinary herb, thyme leaves are used to season and flavor our everyday meals. In the food industry it is used against Spoilage and is found to inhibit food borne germs.

 So a healer can engage thyme Oil to arouse strength, courage, and clarity in one’s thinking . Here is a blend to help ones accept change in their lives and fulfill their destiny, it's Thyme Oil mixed with Lemon, Peppermint and a Wood oil ( e.g. Avocado seed).

 To relieve stress of Illusions, Dreams and Addictions, Thymol blended with Mint, Bergamot and a Wood oil (like Avocado seed oil) can be used to relieve the stress of Illusions, Dreams and Addictions.

 In Pet care Thymol is s powerful stimulant for Immunity and its anti-microbial effects.

Stop Hair Loss with the use of Thyme, Sage and a Wood oil. These are the herbs that relieve stress and promote hormone balance that affects hair growth positively.

 Try this Toenail Fungus Formula used for 5-6 weeks in hot 6water foot baths. It's Thyme blended with Clove, Lemon and Lavender oils used twice daily. With good blood circulation and good foot ventilation this blend of oils lifts the thickened, dis-colored toenail beds to their natural beautiful color.

 From this research Thymol can surely be used to make pesticides and herbicides for farmers.

 In Healing against Herpes, Thymol blended with Bergamot, Lemon, Lavender, Oregano and Rose Essential Oils bring relief and faster healing when applied around the lesions, not in the lesions.

End. 527 words

Greetings from Elder Emp Miriam Maizy with photo of her and deceased Emp Elder Sharon Kelly-Stair.

Editorial ,….Hailing the 25th MAY. Looking into May 25th.

 CARICOM leaders are exposed to the challenging view from the African presence in their meetings, that all blacks belong to Africa as InI come from Black Ethiopia Black Africa.

 On the 25th May AFRICA LIBERATION DAY some wear tribal colors and observe Liberation day at their Summits. The CARICOM Heads of States prioritize it now and call up the necessity to represent the continental culture.

This culture is influenced by the greatest prophet born of a woman, Hon Prophet Marcus Mosiah Garvey who liberate the minds and ultimately liberate the bodies with thoughts o b the SOCIAL JUSTICE we all have to face.

 Reasoning on The Black Prophet is not outdated when we see Heads of States calling on their voters to meet a modern day request to wear a piece of African print.

 In Liberation , Innovation is crucial. This is when InI integrate into our everyday lives, ways to bring in African practices into our everyday lives. In these ways our Indigenous Knowledge System become relevant. Everyone loves new trends.

end